

Let us define the DG norm

$$(6) \|v\|_h^2 := \sum_{\delta \in T_h} \|\nabla v\|_{L_2(\delta)}^2 + \sum_e \frac{\alpha_e}{h_e} \|v\|_{e,h}^2$$

that is indeed a norm on $\bar{V}_h(T_h)$! (mass)

Now we are in the position to prove

$\bar{V}_h(T_h)$ -ellipticity and $\bar{V}_h(T_h)$ -boundedness
of the DG bilinear form $a_h(\cdot, \cdot)$:

Lemma 4.5: ($\bar{V}_h(T_h)$ -ellipticity)

Let $\beta = -1$ (SIPG). Then there exists
a positive constant $\mu_3 \neq \mu_3(h)$:

$$(7) \quad a_h(v, v) \geq \mu_3 \|v\|_h^2 \quad \forall v \in \bar{V}_h(T_h)$$

provided that all α_e are sufficiently large,
i.e. $\exists \alpha_0 = \text{const} > 0 : \forall \alpha_e \geq \alpha_0, (7) \text{ holds.}$

Proof: $\forall v \in \bar{V}_h(T_h), \| \cdot \|_g := \| \cdot \|_{L_2(g)}$

$$a_h(v, v) = \sum_{\delta} \|\nabla v\|_{\delta}^2 - 2 \sum_e (\{\nabla v\}, [v])_e + \sum_e \frac{\alpha_e}{h_e} \|v\|_{e,h}^2$$

$$(*) \leq \left(\tilde{c} \sum_{\delta} \|\nabla v\|_{\delta}^2 \right)^{1/2} \left(\sum_e \frac{1}{\alpha_e} \frac{\alpha_e}{h_e} \|v\|_{e,h}^2 \right)^{1/2}$$

$$2ab \leq \frac{1}{2} a^2 + \frac{1}{2} b^2$$

$$\geq [1 - \tilde{c}\varepsilon] \sum_{\delta} \|\nabla v\|_{\delta}^2 + \sum_e \left[1 - \frac{1}{\alpha_e} \varepsilon \right] \frac{\alpha_e}{h_e} \|v\|_{e,h}^2$$

$$\tilde{c}\varepsilon = \frac{1}{2}$$

$$\varepsilon = 1/(2c)$$

$$1 - \frac{2\tilde{c}}{\alpha_e} \geq \frac{1}{2} \quad \alpha_e \geq 4\tilde{c}$$

$$= \frac{1}{2} \sum_{\delta} \|\nabla v\|_{\delta}^2 + \frac{1}{2} \sum_e \frac{\alpha_e}{h_e} \|v\|_{e,h}^2$$

$$= \frac{1}{2} \|v\|_h^2, \text{ i.e. } \mu_3 = \frac{1}{2} \text{ provided that } \alpha_e \geq 4\tilde{c}$$

Q.E.D.